

## A Prayer of Comfort Following a Miscarriage or Stillbirth

*(Recited by parents after a miscarriage or still birth)*

O Compassionate God, Comforter of Your people, the One who shares sorrow with Your creation, be with us now as we experience the loss of potential life. We are devastated as we think of the hopes for our unborn child, as in our minds we imagine what might have been.

We see life is a fabric of different emotions and experiences. Now, while we experience life's bitterness and pain, be with us and sustain us. Give us peace and consolation. Help us to gather strength from within ourselves, from each other, and from our family and friends during this time of anguish.

We pray that the soul of our unborn child, taken from us before its first breath, be restored to You. May it know Your Presence, to feel and sense Your love for all eternity. May it once again be a spark in the radiance of Your divine existence.

And even in this moment of grief, we still praise You, Adonai, God of compassion, who comforts the bereaved and shares sorrow with Your creation. AMEN.

***Rabbi Arnold Stiebel, Ph.D.***