

Jewish Books and Articles on Pregnancy Loss

Cardin, Nina Beth. Tears of Sorrow, Seeds of Hope: A Jewish Spiritual Companion for Infertility and pregnancy Loss. 2nd ed. Woodstock, Vermont: Jewish Lights Publishing, 2007.

This book contains traditional and new rituals, prayers and poems written by and/or for those who face infertility, pregnancy loss and subsequent pregnancy or other resolutions.

Cardin, Nina Beth. "Mourning a Miscarriage." Woodstock, Vermont: Jewish Lights Publishing. Found at www.jewishlights.com

This is one of Jewish Lights *Life Lights*, a series of spiritually supportive brochures for various situations.

Levy, Devorah. "Mourning the Loss of a Baby". *JOFA Journal*. Summer 2008 vol. 7, issue 2. Jewish Orthodox Feminist Alliance. Found at <http://www.jofa.org/social.php/life/fertilityand/pregnancylos>

A reflection on life in the 18 years following the death of her newborn daughter.

Levy, Yamin. Confronting The Loss Of A Baby: A Personal And Jewish Perspective. Jersey City, NJ: Ktav Publishing House, 1998.

This is one of the first books on the topic written by an Orthodox rabbi. He addresses both his own experience as a bereaved father and his understanding of what Jewish Law and practice is and should be.

Ornstein, Debra. ed. Life Cycles: Jewish Women on Life passages and Personal Milestones, Vol. 1. Woodstock, Vermont: Jewish Lights Publishing, 1994.

Chapter 2 is on Infertility and Early Losses.

Wolfson, Ron. A Time to Mourn, A Time to Comfort: A Guide to Jewish Bereavement. 2 ed. Woodstock, Vermont: Jewish Lights Publishing, 2005.

In the Introduction, Dr. Wolfson reflects on the death of his newborn daughter. Part Two contains chapters on miscarriage and neo-natal death.

<http://www.ritualwell.org/lifecycles/pregnancyinfertility/Pregnancy%20Loss/>

The ritualwell website is a source for innovative, contemporary Jewish ritual sponsored by Kolot and the Reconstructionist Rabbinical College. This section offers resources particular to pregnancy and infertility.

www.rabbinicalassembly.org/law/contemporary_halakhah.html

This is the website for the Committee on Jewish Law and Standards of the Conservative Movement. The section "Responding To Death" includes legal positions and other writings on miscarriage and stillbirth. In the section "Mourning", there are two tshuvot on Neo-natal death.

http://urj.org/life/family/bereavement/?syspage=document&item_id=11668

This section of the Union for Reform Judaism website contains an article and prayer for pregnancy loss.

This resource was developed for "A Loss Worthy of Grief: Jewish Approaches to Bringing Comfort after Miscarriage, Stillbirth, and Neonatal Death" -- a conference and an edition of *The Outstretched Arm*, a publication of the JBFCs National Center for Jewish Healing.

General Books & Articles on Pregnancy Loss

Bell-Kluger, Kim. Unspeakable Losses: Healing from Miscarriage, Abortion, and Other Pregnancy Loss. New York: Harper Paperbacks, 2000.

Borg, Susan. When Pregnancy Fails. Updated Rev ed. New York: Bantam, 1988.

Case, Ronna. When Birth is also a Funeral. *The Journal of Pastoral Care* March 1978, Vol. 32, 1 pgs 6-21.

Defrain, John. Stillborn: The Invisible Death. Lexington Books, 1986.

Davis, L. Deborah. Empty Cradle, Broken Heart: Surviving The Death Of Your Baby. Revised & enlarged ed. Golden, CO: Fulcrum Publishing, 1996.

Faldet, Rachel & Fitton, Karen eds. Our stories of Miscarriage: Healing with Words. 1st ed. Minneapolis, Minnesota: Fairview Press, 1997.

Ise, Sherokee & Burns-Hammer, Linda. Empty arms: Coping after Miscarriage, Stillbirth and Infant Death. 20th Revised & enlarged ed. 2008. Maple Plain, Minnesota: Wintergreen Press.

Ise, Sherokee & Burns-Hammer, Linda. Miscarriage: A Shattered Dream. 4th ed. Maple Plain, Minnesota: Wintergreen Press, 2006.

Informational booklet "Understanding Your Pregnancy Loss: Coping With Miscarriage, Stillbirth Or Neo-Natal Death." From NCJW and Mount Sinai Hospital.

Kohn, Ingrid & Moffit-Lynn, Perry. Silent Sorrow: Pregnancy Loss: Guidance and Support for You and Your Family. 2nd ed. New York & London, England: Routledge, 2000.

Lanham, C. Carol. Pregnancy After a Loss: A guide to Pregnancy after a Miscarriage, Stillbirth or Infant Death. 1st ed. New York: Berkely Books, 1999.

Layne, L., Linda. Motherhood Lost- a Feminist Account of Pregnancy Loss in America. 1st ed. New York & London, England: Routledge, 2002.

Limbo, K. Rana & Wheeler-Rich, Sara. When a Baby Dies: A Handbook for Healing and Helping. Revised ed. Wisconsin: Lutheran Hospital-La Crosse, 1998.

Price-Kye, Sarah. "Women and Reproductive Loss: Client-worker Dialogues Designed To Break The Silence." *Social Work* October 2008, Vol. 53, 4, pgs 367-376.

This resource was developed for "A Loss Worthy of Grief: Jewish Approaches to Bringing Comfort after Miscarriage, Stillbirth, and Neonatal Death" -- a conference and an edition of *The Outstretched Arm*, a publication of the JBFCNS National Center for Jewish Healing.

Jewish Spiritual Resources which include prayers/meditations for Pregnancy Loss

Kensky-Frymer, Tikva. Motherprayer: The Pregnant Woman's Spiritual Companion. New York: Riverhead Trade, 1996.

Levy, Naomi. Talking to God: Personal Prayers for Times of Joy, Sadness, Struggle and Celebration. Memphis, Tennessee: Image, 2003.

Moreh Derekh, New York, Rabbinical Assembly Rabbi's Manual Vol.2, 1998

General Jewish Spiritual Resources

Adelman, V. Penina. Miriam's Well: Ritual for Jewish women around the year. New York: Biblio Press; 10th ed. 1996,

Perlman, Debbie. Flames to Heaven: New psalms for healing and praise. Andover, Massachusetts, Rad Publishers; 1998

Person, Hara. ed. The Mitzvah of Healing, New York, URJ Press; 2003

Rapoport, Nessa. A Woman's Book of Grieving., New York, HarperCollins; 1st ed; 1994