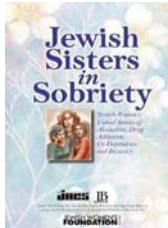


PRINT AND VIDEO RESOURCES

Valuable resources for individuals and families, clergy, chaplains, caring committees and resource libraries in community organizations, medical settings and synagogues dealing with illness, loss and bereavement.

FROM JEWISH ALCOHOLICS, CHEMICALLY DEPENDENT PERSONS AND SIGNIFICANT PERSONS



Jewish Sisters in Sobriety: Jewish Women's Untold Stories of Alcoholism, Drug Addiction, Co-Dependence and Recovery. A collection of passionate, compelling first-person accounts of what it is like to be an alcoholic or chemically-addicted Jewish woman – or a spouse, child or parent of one – as well as inspiring descriptions of finding sobriety and recovery. Also contains a resource guide about 12-Step programs, self-tests, a bibliography, articles about Judaism and addiction, and support programs.

Product details: 192 pages, \$15.00

FROM THE NATIONAL CENTER FOR JEWISH HEALING

A Leader's Guide to Services and Prayers of Healing. A helpful guide to some of the central practical issues involved in planning and running a service of healing, whether it be free-standing or incorporated into a traditional service. Sample service included.

Product details: 5 page booklet, \$6.00



Evening and Morning: A Circle of Prayer. A beautiful *bikkur holim* card, containing traditional prayers to say at bedtime and upon awakening, transforming moments of anxiety

into comfort and reassurance and giving expression to vulnerability, fear, hope and gratitude. Includes introductions, original Hebrew, moving translations and selected transliterations.

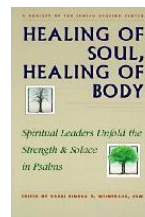
Product details: 8 panel back-to-back folding card, \$2.00 each; for bulk order prices, see price sheet.



Guide Me Along the Way: A Jewish Spiritual Companion for Surgery, by Rabbi Simkha Y. Weintraub, LCSW with Rabbi Aaron M. Lever. A Jewish guidebook with poetry, prayers,

folktales, personal narratives, practical advice, healing activities and meditations to help patients, family members, clergy and health care professionals through the surgery experience, from leaving home to the year anniversary of an operation.

Product details: 60 pages, \$11.95



Healing of Soul, Healing of Body: Spiritual Leaders Unfold The Strength And Solace In Psalms.

Edited by Rabbi Simkha Y.

Weintraub, LCSW. (Jewish Lights 1994). A source of solace for those

who are facing illness, as well as those who care for them. These Psalms and the inspiring commentaries that accompany them offer an anchor of spiritual support.

Product details: 115 pages, \$16.99



Jewish Spiritual Companion for Medical Treatments.

This superb booklet includes modern and traditional Jewish resources as well as the voices of fellow travelers, intertwined with contemporary insights on health and

healing. A collaborative project of the Twin Cities Jewish Healing Program, JFCS of Minneapolis, MN and the National Center for Jewish Healing, JBFCS.

Product details: 68 pages, \$12.95



Mi Sheberakh Card. An artfully designed card with a short introduction and full Hebrew text; it offers separate masculine and feminine transliteration accompanied by an English translation on an attractive fold-over card, small enough to fit in your pocket.

Product details: 6 panel back-to-back folding card, \$1.50 each; for bulk order prices, see price sheet.

When the Body Hurts the Soul Still Longs to Sing. A prayer booklet of heartfelt blessings for times of illness, written by Jewish laywomen. A loving gift for anyone needing spiritual uplift in the midst of illness.

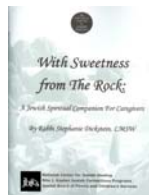
Product details: 11 page booklet, \$4.00

The Outstretched Arm. Each issue contains articles that explore the healing dimensions from a variety of diverse voices and a broad range of personal challenges. Articles cover a range of topics including teachings relating to the theme of the issue, personal journeys of healing, rituals, wise sayings, Torah commentary, community resources and publications, and updates from the healing network. (See pg. 4)

Product details: Each issue is either 8pp or 12 pp in length.

With Healing on Its Wings. Masorti Publications, London. A healing collage of selections from the Shabbat and weekday liturgy, Genesis, Psalms, Talmud, medieval and contemporary Jewish literature.

Product details: 56 pages, \$11.95



With Sweetness from The Rock: A Jewish Spiritual Companion For Caregivers. By Rabbi Stephanie Dickstein, LMSW. This book is a companion for caregivers who are helping ill or frail family members and friends. It offers spiritual support drawn from Jewish tradition, ancient and modern texts, and the experience of fellow travelers.

Product details: 47 pages, \$11.95



For other NJCH resources, visit us on the web and download them for free!

www.ncjh.org

FROM THE RABBI ISAAC N. TRAININ BIKUR CHOLIM COORDINATING COUNCIL



The Act of Visiting. This training video dramatizes visiting in 3 different settings: a private home, nursing home, and hospital. With stop-action the video pauses and questions are presented on screen for viewers to consider how they might respond in the given situation. A 6 page leader's guide accompanies this video with all the questions and suggested responses for each question.

Product details: 20 minute film, available on DVD, \$10.00

Bikur Cholim Joke Book. A collection of humor that will lighten your hearts and spirits. Laughter is a gift, and humor can be a tool to use for yourself or to enrich another person.

Product details: 14 pages, download for FREE from www.bikurcholimcc.org or purchase for \$3.00.



Chug Bikur Cholim **A Student Manual and** **Pointers for Teachers**

Two primers, offering dos and don'ts, hints for visiting special populations, guidelines to keep in mind when planning a student bikur cholim program.

Product details: Student Manual—13 pages, Pointers for Teachers—3 pages; download for FREE from www.bikurcholimcc.org or purchase both for \$3.00.

Directory of Bikur Cholim Resources. This guide includes a listing of Bikur Cholim programs in synagogues across the country and Canada, plus programs operating in seventeen foreign countries.
Product details: 49 pages, download for FREE from www.bikurcholimcc.org.



Good Company. A comic book providing a fun easy and way to introduce or deepen appreciation for bikur cholim. A great gift for yourself, visitors, patients, family members, clergy, health care professionals, and students (everyone).

Product details: 10 pages/full color illustrations, \$3.95 each; for bulk order prices, see price sheet.

A Guide to Good Company. A new, free guide designed in comic format provides suggested instructions when using the comic book for training.

Product details: 4 pages, download for FREE from www.bikurcholimcc.org/humor.html.

Keynote Presentations from 23rd Annual Bikur Cholim Conference. Rabbi Tsvi Blanchard, Ph.D discussed ways to sensitively approach people in their (our) states of vulnerability and isolation and how engaging in this mitzvah consequently deepens our own humanity and yields inherent joy. Rabbi Simcha Weinstein and David Jacobson and discussed the relationship between Jews and humor in coping with adversity.

Product details: 2 hour DVD, \$10.00



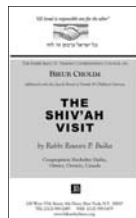
I Am My Brother's Keeper, by Rabbi Dr. Solomon L. Willinger. This guide, written by the Jewish Chaplain at Brooklyn Development Center, provides information and explores issues concerning the care of the Jewish developmentally disabled and their families.

Product details: 15 page booklet, \$4.00.



Telephone Visiting Manual. The ubiquitous telephone! How many of us have gotten calls that lift out spirits or warm our hearts? With forethought and skill the telephone can be used for bikur cholim in a meaningful and efficient way. This manual offers a sampling of models for telephone visiting programs from around the country and provides helpful skills and tips for performing bikur cholim by phone. User friendly and informative.

Product details: 25 pages, download for FREE from www.bikurcholimcc.org or purchase for \$6.00.



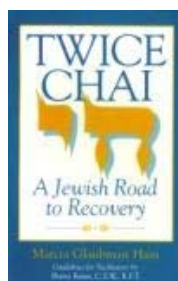
The Shiv'ah Visit, by Rabbi Reuven P. Bulka. Published in response to many national inquiries, this comprehensive pamphlet discusses such topics as the best time to visit a mourner, listening before talking, what to do and what to avoid during a Shiv'ah visit.

Product details: 12 page booklet, \$3.00.



Turn To Me. This film is about the mitzvah of bikur cholim- the act of visiting the sick. This documentary focuses on three life stories and the commentary of Professor Elie Wiesel and Rabbi Tsvi Blanchard. We come to recognize that small acts of kindness, commitment, and gestures of caring, benefit those who visit and the person who we visit.

Product details: 27 minutes, available on DVD or VHS, \$18 personal use copy /\$36 Organizational copy.



Twice Chai: A Jewish Road to Recovery, by Marcia Glaubman Hain. This illustrated collection of original prayers, poems, and inspirational thoughts also includes guidelines for facilitators by Sherry Reiter, CSW, RPT.

Product details: 125 pages, \$10.00.

Yad L Yad: A Training Manual for Bikur Cholim Volunteers. Synagogues, social work agencies and Volunteer leaders in twenty-five states and over one hundred cities in the United States and Canada have purchased this manual. *Product details:* 112 pages, available in English, Hebrew or Russian, \$18.00.



For other BCCC resources, visit us on the web and download them for free!
www.bikurcholimcc.org



Special Offers!

From NCJH

Purchase our three spiritual companions, ***Guide Me Along the Way, With Sweetness from The Rock*** and ***Jewish Spiritual Companion for Medical Treatments***, for **\$32.00**.

From BCCC

Purchase two of our films, ***The Act of Visiting*** and ***Turn to Me*** with accompanying study guides, for **\$42.00**.



The Outstretched Arm

A publication of the National Center for Jewish Healing

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Guide Me Along the Way...	\$11.95 each *10+ \$10.00 each		
Healing of Soul, Healing of Body	\$16.99 each		
Jewish Spiritual Companion for Medical Treatment	\$12.95 *10+ \$11.00 each		
Mi Sheberakh Card	\$ 1.50 each * 10+ \$1.00 each * 25+ \$.75 each *100+ \$.30 each		
The Outstretched Arm	See previous page		
When the Body Hurts, The Soul Still Longs to Sing	\$ 4.00 each * 10+ \$3.25 each * 50+ \$2.75 each		
With Healing on Its Wings	\$11.95		
With Sweetness from The Rock	\$11.95 *10+ \$11.00 each		
<u>Bikur Cholim Coordinating Council</u>			
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Bikur Cholim Joke Book	\$3.00		
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Keynote Speeches, 23rd Annual Bikur Cholim Conference Rabbi Tsvi Blanchard, Ph.D., Rabbi Simcha Weinstein, David Jacobson, LCSW	\$10.00		
Good Company	\$3.95 each (includes S&H) * 10+ \$2.95 each * 25+ \$2.50 each * 50+ \$2.00 each		
I Am My Brother's Keeper	\$4.00		
The Shiv'ah Visit	\$3.00		
Telephone Visiting Manual	\$6.00		
Turn to Me (DVD or VHS)	\$18.00 for individual use, \$36.00 for Organizational use		
Twice Chai: A Jewish Road to Recovery	\$10.00		
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